Mother Excercised Before Pregnant*

2011 Maine Pregnancy Risk Assessment Monitoring System Survey Results

Total 12,696 45.5 42.0 - 49.0 54.5 51.0 - 58.1				No			Yes		
\$\begin{array}{c c c c c c c c c c c c c c c c c c c	Demographic Groups		Population	%		CI	%	CI	
\$\begin{array}{c c c c c c c c c c c c c c c c c c c		Total	12,696	45.5	42.0	- 49.0	54.5	51.0 - 58.1	
20-24 years 3,112 50.5 43.0 - 58.1 49.5 41.9 - 57.1 25-34 years 7,025 43.2 38.6 - 47.9 56.8 52.1 - 61.4 35+ years 1,691 41.7 32.9 - 51.1 58.3 48.9 - 67.1 Mother's Race White 11,943 45.0 41.4 - 48.6 55.0 51.4 - 58.6 Black 404 # # - # # # - # # # - # Other 330 61.3 41.4 - 78.0 # # - # Hispanic Origin No 12,474^ 45.5 41.9 - 49.1 54.6 51.0 - 58.1 Yes 207^ # # - # # # - # # # - # Education <high -="" 36.0="" 4,094="" 42.1="" 48.5<="" 51.5="" 57.9="" 64.0="" school="" th=""><th>Age</th><th></th><th></th><th></th><th></th><th></th><th></th><th></th></high>	Age								
25-34 years 7,025 43.2 38.6 - 47.9 56.8 52.1 - 61.4 35+ years 1,691 41.7 32.9 - 51.1 58.3 48.9 - 67.1 Mother's Race White 11,943 45.0 41.4 - 48.6 55.0 51.4 - 58.6 Black 404 # # - # # # - # # # - # Other 330 61.3 41.4 - 78.0 # # - # Hispanic Origin No 12,474^ 45.5 41.9 - 49.1 54.6 51.0 - 58.1 Yes 207^ # # - # # # - # Education <high -="" 36.0="" 4,094="" 42.1="" 48.5="" 51.5="" 57.9="" 64.0="" school=""> High School 7,251 35.7 31.6 - 40.1 64.3 59.9 - 68.4 Marrital Status Married 7,407 41.7 37.3 - 46.2 58.3 53.8 - 62.7 Not Married 5,289 51.1 45.3 - 56.8 48.9 43.2 - 54.7 Income \$14,999 or less 3,122** 52.9 45.5 - 60.2 47.1 39.9 - 54.5 15.00-24,999 1,540** 47.8 38.0 - 57.7 52.2 42.3 - 62.0 \$25,000-49,999 2,292** 42.5 35.0 - 50.4 57.5 49.6 - 65.0</high>		<20 years	868	55.4		- 68.8	44.6	31.2 - 58.9	
Mother's Race White 11,943 45.0 41.4 - 48.6 55.0 51.4 - 58.6		20-24 years	3,112	50.5	43.0	- 58.1	49.5	41.9 - 57.1	
Mother's Race White 11,943 45.0 41.4 - 48.6 55.0 51.4 - 58.6 Black 404 # # - # # # - # Other 330 61.3 41.4 - 78.0 # # - # Hispanic Origin No 12,474^ 45.5 41.9 - 49.1 54.6 51.0 - 58.1 Yes 207^ # # - # # # - # Education < High School 1,304 66.7 52.5 - 78.4 33.3 21.6 - 47.5 High School 4,094 57.9 51.5 - 64.0 42.1 36.0 - 48.5 > High School 7,251 35.7 31.6 - 40.1 64.3 59.9 - 68.4 Marital Status Married 7,407 41.7 37.3 - 46.2 58.3 53.8 - 62.7 Not Married 5,289 51.1 45.3 - 56.8 48.9 43.2 - 54.7 Income \$14,999 or less 3,122** 52.9 45.5 - 60.2 47.1 39.9 - 54.5 \$15,000-24,999 1,540** 47.8 38.0 - 57.7 52.2 42.3 - 62.0 \$25,000-49,999 2,292** 42.5 35.0 - 50.4 57.5 49.6 - 65.0		25-34 years	7,025	43.2	38.6	- 47.9	56.8	52.1 - 61.4	
White Black 404 # # - # 48.6 55.0 51.4 - 58.6 Black 404 # # - # # # - # #		35+ years	1,691	41.7	32.9	- 51.1	58.3	48.9 - 67.1	
White Black 404 # # - # 48.6 55.0 51.4 - 58.6 Black 404 # # - # # # - # #									
Black	Mother's								
Other 330 61.3 41.4 - 78.0 # # - # Hispanic Origin No 12,474\ 45.5			•						
Hispanic Origin No 12,474^ 207^ # # - # # - # Education						==			
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No									
Yes 207^ # # - # # - # Education < High School 1,304 66.7 52.5 - 78.4 33.3 21.6 - 47.5 High School 4,094 57.9 51.5 - 64.0 42.1 36.0 - 48.5 > High School 7,251 35.7 31.6 - 40.1 64.3 59.9 - 68.4 Married Status Married 7,407 41.7 37.3 - 46.2 58.3 53.8 - 62.7 Not Married 5,289 51.1 45.3 - 56.8 48.9 43.2 - 54.7 Income \$14,999 or less 3,122** 52.9 45.5 - 60.2 47.1 39.9 - 54.5 \$15,000-24,999 1,540** 47.8 38.0 - 57.7 52.2 42.3 - 62.0 \$25,000-49,999 2,292** 42.5 35.0 - 50.4	Hispanic								
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Married Not Married 7,407 5,289 41.7 5,289 37.3 - 46.2 58.3 53.8 - 62.7 45.3 - 56.8 58.3 53.8 - 62.7 48.9 Income \$14,999 or less \$3,122** \$52.9 45.5 - 60.2 47.1 39.9 - 54.5 \$15,000-24,999 1,540** 47.8 38.0 - 57.7 52.2 42.3 - 62.0 \$25,000-49,999 2,292** 42.5 35.0 - 50.4 57.5 49.6 - 65.0									
Not Married 5,289 51.1 45.3 - 56.8 48.9 43.2 - 54.7 Income \$14,999 or less 3,122** 52.9 45.5 - 60.2 47.1 39.9 - 54.5 \$15,000-24,999 1,540** 47.8 38.0 - 57.7 52.2 42.3 - 62.0 \$25,000-49,999 2,292** 42.5 35.0 - 50.4 57.5 49.6 - 65.0	Marital S	tatus							
\$14,999 or less 3,122** 52.9 45.5 - 60.2 47.1 39.9 - 54.5 1,540** 47.8 38.0 - 57.7 52.2 42.3 - 62.0 47.1 47.8 47.8 38.0 - 57.5 49.6 - 65.0		Married	7,407	41.7			58.3	53.8 - 62.7	
\$14,999 or less 3,122** 52.9 45.5 - 60.2 47.1 39.9 - 54.5 \$15,000-24,999 1,540** 47.8 38.0 - 57.7 52.2 42.3 - 62.0 \$25,000-49,999 2,292** 42.5 35.0 - 50.4 57.5 49.6 - 65.0		Not Married	5,289	51.1	45.3	- 56.8	48.9	43.2 - 54.7	
\$14,999 or less 3,122** 52.9 45.5 - 60.2 47.1 39.9 - 54.5 \$15,000-24,999 1,540** 47.8 38.0 - 57.7 52.2 42.3 - 62.0 \$25,000-49,999 2,292** 42.5 35.0 - 50.4 57.5 49.6 - 65.0									
\$15,000-24,999	Income								
\$25,000-49,999 2,292** 42.5 35.0 - 50.4 57.5 49.6 - 65.0			· ·						
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\$50,000 or more 4,084** 35.8 30.4 - 41.6 64.2 58.4 - 69.6									
		\$50,000 or more	4,084**	35.8	30.4	- 41.6	64.2	58.4 - 69.6	

Enrolled in WIC									
No	6,960**	39.2	34.9 - 43.8	60.8	56.2 - 65.1				
Yes	4,966**	53.8	48.1 - 59.4	46.2	40.6 - 51.9				
Enrolled in MaineCare/Medicaid									
No	5,455**	37.4	32.7 - 42.4	62.6	57.6 - 67.4				
Yes	6,510**	52.2	47.3 - 57.2	47.8	42.8 - 52.7				
Infant's birth weight									
<2500 grams	s 855	51.3	47.6 - 55.0	48.7	45.0 - 52.4				
2500 grams	or more 11,831	45.1	41.4 - 48.9	54.9	51.1 - 58.6				

NOTES:

Population size for groups giving birth in Maine are taken from the Maine Vital Statistics System unless otherwise noted.

Unknowns are excluded from all tabulations.

CI = 95% Confidence Interval

Maine Department of Health and Human Services Office of Data, Research, and Vital Statistics

^{*} Survey Question 1b: During the 12 months before you got pregnant with your new baby, did you exercise 3 or more days of the week?

^{**} Estimates of the population size for this group giving birth in Maine are made through PRAMS.

[^] Estimate of Hispanic population giving birth in Maine is taken from the 2011 birth file.

[#] There were fewer than 10 survey respondents to this question. Data may be unreliable for describing this group, therefore percent is not reported.